

SOJOURNERS

I N T E N T I O N A L T R A V E L



INSPIRED BY SOJOURNER TRUTH-a changemaker who traveled America in the 1800's spreading moxie-
SOJOURNERS is an unapologetic, customized coaching program that brings a select group of women together to own your poWer individually, experience the collective poWer of women & anchor your moxie through travel, coaching & MOXIE. It's where your potential, presence, poWer & possible intersect in this journey called life.

POWER. PAUSE. PLAY.

SOJOURNERS is a "Choose your own adventure" program founded on Kristi's signature framework of PoWer (customized individual/group coaching), Pause (rest/restore) & Play (laugh/travel).

Power. Individual/group coaching to be unapologetic, take up space & explore nature together.

Pause. Breathe. Relax. Be cool. Stare at stars, read outside, write, forest bathe, nap...

Play. Golf option, laugh, hangout, sketch, hike, paint, puzzle, craft, write, dance...

CUSTOMIZED GROUP ITINERARY: GROUNDED (DRAFT)

Day 1. (Arrive between 5-6pm) On site.

Dinner & Compass Session

Play & Pause: hot tub, stars, hangout.

Day 3.

Brekkie & Ground Group Session.

PoWer: Idea time.

Play & Pause: golf, hike, read, forest bathe.

Dinner & Group Session.

Day 2.

Brekkie & Ground Session.

PoWer: Work on your idea/s.

Play: Field Trip-Black Hills, Badlands or Hot Springs

Dinner & Group Session.

Day 4. (Depart 10am onwards)

Brekkie & MOXIEon Session.

Play & Pause (optional) Golf option.

INVESTMENT INCLUDES.

2 individual coaching sessions, 2 pre group-coaching sessions, 3+ group coaching sessions on site, small group of women, 4 days & 3 nights of Power Pause & Play in gorgeous home in Black Hills area, 1-2 meals a day, snacks, SOJOURNERS membership, 1-2 Field Trips & Kristi as your guide the whole journey.

Not included: transportation to Black Hills, travel insurance, a few meals, (optional) golf fees, park fees.

