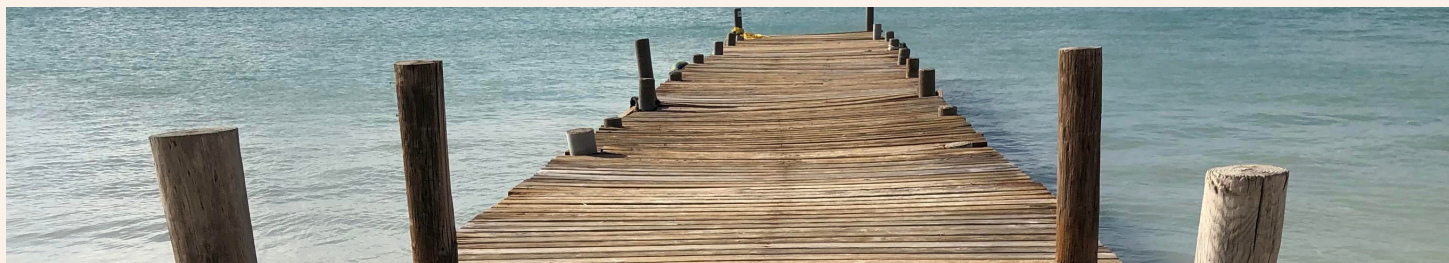


SOJOURNERS

I N T E N T I O N A L T R A V E L



INSPIRED BY SOJOURNER TRUTH-a changemaker who traveled America in the 1800's spreading moxie-
SOJOURNERS is an unapologetic, customized coaching program that brings a select group of women together to own your poWer individually, experience the collective poWer of women & anchor your moxie through travel, coaching & MOXIE. It's where your potential, presence, poWer & possible intersect in this journey called life.

POWER. PAUSE. PLAY.

SOJOURNERS is a "Choose your own adventure" program founded on Kristi's signature framework of PoWer (customized individual/group coaching), Pause (rest/read/sunbake/walk on beach) & Play (snorkel/swim/explore/dance).

Power. Individual/group coaching to be unapologetic, take up space & explore nature together.

Pause. Breathe. Relax. Be cool. Stare at stars, read outside, write, sunbake by the pool, nap in hammock...

Play. Golf option, laugh, hangout, sketch, hike, paint, dance, snorkel with sea turtles, optional excursions...

CUSTOMIZED GROUP ITINERARY: GROUNDED (DRAFT)

Day 1. (Arrive 5-6pm) On site: dinner & compass session. Play & Pause: pool, stars, hangout. *Optional extra day add on.*

Day 2. Brekkie & RELEASE Group Session. PoWer: Idea time. Play & Pause: golf, hike, read, walk on beach, snorkle. Dinner & Group Session.

Day 3. Brekkie & RELEASE Group Session. PoWer: Idea time. Play & Pause: golf, hike, read, rest, write, beach time, dance. *Optional office hours with Kristi.* Dinner & Group Session.

Day 4. Brekkie & Ground Group Session. PoWer: Idea time. Play & Pause: golf, hike, read, excursion. *Optional office hours with Kristi.* Dinner & Group Session

Day 5. (Depart 10am onwards) Brekkie & MOXIEon Session. Play & Pause (optional) Golf option.

INVESTMENT INCLUDES.

2 individual coaching sessions, 2 pre group-coaching sessions, 3+ group coaching sessions on site, small group of women, 4 days & 3 nights of Power Pause & Play in new townhome near Palm Beach, 1-2 meals a day, snacks, SOJOURNERS membership & Kristi as your guide the whole journey.

Not included: transportation to Aruba/site, travel insurance, a few meals, some field trips, visa, optional add-ons.

